

# Athletic Training



## Question

How will I know if this is the right major for me?

## Answer

From the start, your faculty advisor will work with you to set up a course schedule and examine vocational options in athletic training. If you like both sports and science. If you enjoy solving problems (especially knowing why a physical problem occurs and what to do about it). If you like to work with people and have patience and compassion, athletic training might be a major to consider. Students may apply after meeting program requirements as listed at the following URL:

[http://www.bethelks.edu/academics/areas/athletic\\_training/index.php](http://www.bethelks.edu/academics/areas/athletic_training/index.php).

A maximum of eight persons may enter the program each year. An application score of 70 percent is required for acceptance into the Athletic Training Education Program.

Strengths of the Bethel College Athletic Training Education Program:

- Comparable course requirements allow for a double major with Health and Physical Education.
- Students work/learn with at least six different certified athletic trainers.
- Low student to clinical instructor ratio.
- High success rate on National Certification exam.
- Bethel College Athletic Training graduates have enjoyed 100 percent job placement.

## Question

What kind of practical experience will I get as a student?

## Answer

The Athletic Training Education Program at Bethel College will require you to work with at least six different certified athletic trainers and other health-care professionals. Bethel College athletics programs (especially football, basketball, soccer and volleyball) provide a venue for practical experience, as do Newton High School and Hesston College. There are opportunities to do rotations with local physical therapists, general practitioners (medical doctors), physician assistants or EMS workers.



## Question

What courses are required for an athletic training degree from Bethel College?

## Answer

Required courses for athletic training:

- Introduction to Clinical Experience
- Clinical Experience I, II, III, and IV
- Therapeutic Exercise
- Prevention and Evaluation of Upper and Lower Body Athletic Injuries and Illnesses I and II
- Therapeutic Modalities
- Administration in Athletic Training
- Pathology and General Medical Conditions for the Athletic Trainer

Required supporting courses:

- Human Anatomy and Physiology
- Prevention and Care of Injuries
- Nutrition
- Kinesiology
- Exercise Physiology
- Applied Statistics
- General Psychology



This Program is Accredited by the



Commission on Accreditation  
of Athletic Training Education

## Question

What can I expect after graduation?

## Answer

The Athletic Training Education Program was granted initial accreditation in September of 2004. Graduation from a CAATE accredited program allows the graduate to be eligible for the Board of Certification for the Athletic Trainer examination.

Recent Bethel College graduates in athletic training work or have worked in these positions:

- Head athletic trainer at Hesston (Kan.) College
- High school head football and baseball coach
- High school health and physical education instructor
- Physical therapist for the Newton School District
- Assistant athletic trainer at Lamar University, Beaumont, Texas

*"With my major, I had the opportunity to choose from a wide variety of career paths, from sports administration to physical education to athletic training and beyond. My courses gave me a taste of each of these areas and helped me find my niche."*

—Doug Maury '01, Bethel College's Athletic Training Education Program Director



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